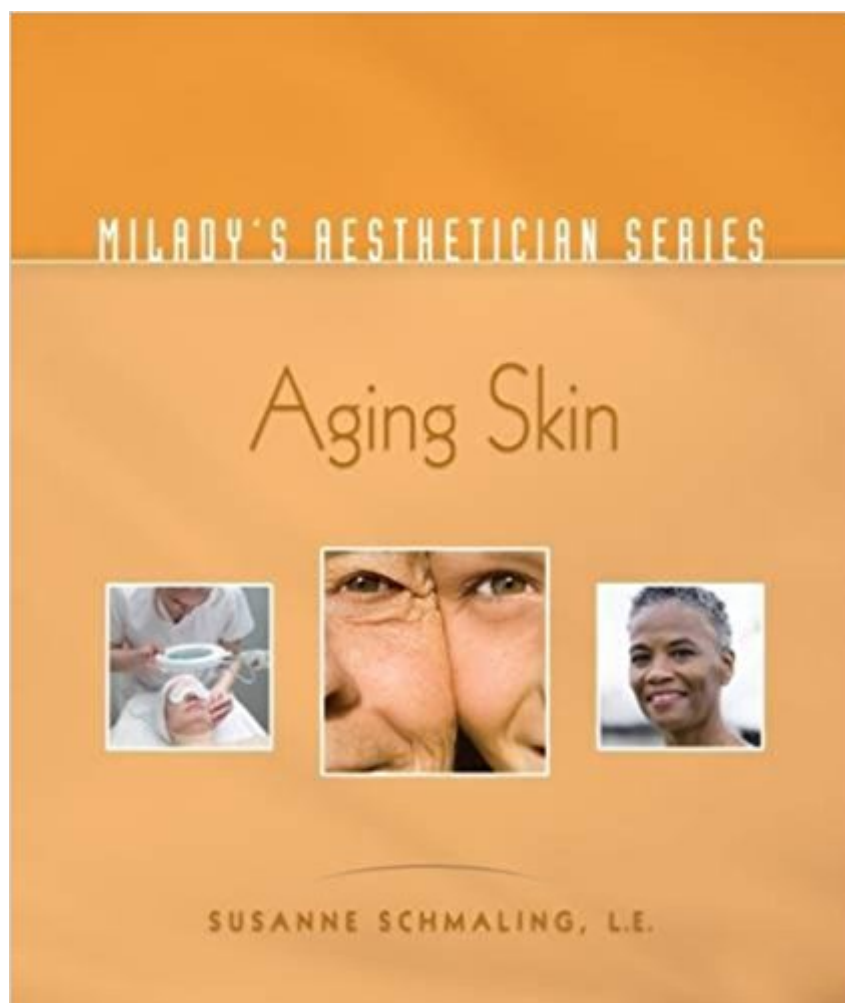


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# Milady's™ Aesthetician Series: Aging Skin



## Synopsis

Aging Skin, part of Milady's Aesthetician Series, delves into one of the most popular areas of client concern today. This practical guide offers advice on a range of topics including the science and treatment of aging skin as well as how to address the lifestyle factors which affect it. The book includes case studies which will lead you through real-life situations and provide clear and simple guidelines for creating an effective treatment plan for clients that aims at both reducing the effects of aging through aesthetic treatments as well as through appropriate home care. You will know how to create a healthy aging plan as well as understand the basics of cosmetic chemistry and organic skin care applied to aging skin, leading to a higher level of service for your clients.

## Book Information

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## Customer Reviews

SECTION I: BASICS OF AGING. 1. Estheticians and the Holistic Approach to Aging. 2. Working with a Healthy Aging Client. 3. Creating a Healthy Aging Plan. SECTION II: WHAT HAPPENS WHEN WE AGE? 4. Basics of Aging. 5. The Healthy Skin Treatment Program. SECTION III: ESTHETICS TREATMENT OPTIONS. 6. Esthetic Treatments. 7. Professional Products. SECTION IV: NUTRITION, SUPPLEMENTS & FITNESS. 8. Esthetic Medical Treatment Options. 9. Lifestyle Choices. 10. Nutrition for the Skin. 11. Fitness - The True Healthy Aging Cure. SECTION V: THE GREEN APPROACH TO HEALTHY AGING. 12. Organic Skin Care.

Susanne Schmalings is the Founder and Director of the Pacific Institute of Esthetics located in Northwest Oregon. The Institute offers advanced skin care training for estheticians, teachers, cosmetologists, massage therapists, medical personnel, and business owners. Susanne also maintains a private practice and is part of the education team for Bioelements professional skin care. She is also the author of the critically-acclaimed Milady's Aesthetician Series: The Comprehensive Guide to Esthetic Equipment, copyright 2009, published by Milady, a part of Cengage Learning. With a focus on skin science, dynamic measurable anti-aging skin therapies and holistic skin care techniques, Susanne's expertise and extensive experience make her a popular presenter at conferences and seminars throughout the world. The former creator and owner of an award-winning day spa, her career includes extensive experience in all aspects of esthetics, spa body therapies, makeup, and nail technology, as well as spa consulting and spa design.

This supplemental text does contain a few chapters from the Milady's Standard Esthetics textbooks, however this book organizes the more relevant information into more user friendly charts. Not as earth shaking as the Milady's Peels and Chemical Exfoliation book, but still a very useful resource,

Returned book it did not offer any more information then my text book from class. So returning.

Thanks

I was pleasantly surprised by this book. There are so many different books out on this subject that it is hard not to get overwhelmed and confused. Aging Skin takes the known scientific theories and breaks it down into practical applications. You do not need to be a licensed esthetician to understand the information, and if you are you will find guidelines on how to treat all clients concerned with aging.

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